



GISD Summer Strength & Conditioning: Grades 7th-12th

For all incoming male and female 7th-12th Graders for the 2026-27 School Year. Camp will be Monday-Thursday All Camps Closed May 25-29, June 29-July 4, and July 19-21. Time: 7:00am - 8:30am Where: Gonzales HS Athletic Field House Cost: \$35 Dates: June 1-4 June 8-11 June 15-18 June 22-25 July 6-9 July 13-16 July 22-23

Camp Start Date: June 1, 2026

Start Time: 7:00:00 AM

Camp End Date: July 23, 2026

End Time: 8:30:00 AM

Venue Name: Athletic Field house

Venue Address: 1801 North Sarah Dewitt, Gonzales, TX 78629

Camp Cost: \$35.00

Questions: John Hamilton john.hamilton@gonzalesisd.net (830) 672 - 1635

Questions: Jeremy Philips Jeremy.philips@gonzalesisd.net (830) 672 - 1635

Special Notes:

1. Please have your child bring their own water bottle. Refill stations will be available during all camps. 2. Please have close toed shoes for all workouts. 3. Do not wear jewelry or necklaces during workouts. 4. If your child has asthma please bring an inhaler with them

Medical Info:

I, the parent/guardian of the above child, hereby give my son/daughter approval to participate in the Gonzales ISD Summer Camps. As a parent/guardian I know that participation in a camp may result in injury although all protective measures will be put in place. By registering and submitting payment I am aware of the safety guidelines put in place for the Summer Camps and I am giving my permission to allow my child to participate in these activities.